

Speak Up, Epping! Newsletter

Volume 9, Issue 6

Epping, New Hampshire

November-December, 2016

About this Newsletter

This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at www.speakupepping.com

Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: www.speakupepping.com. Each new issue of the Newsletter will be available by downloading it from the website. You can also access news from the issue separately by topic and find late-breaking news, past Newsletters, town links and calendars.

Also, check out our **Facebook** page! Join us for more late-breaking news and events that did not make our Newsletter deadline.

End 68 Hours of Hunger in Epping

End 68 Hours of Hunger for Epping is approaching its one year anniversary. A year ago this October we started reaching out to the school and organizing our Epping program. It took a few months of planning to get the first bags out in January 2016. It has been a great first year and this could not have been accomplished without the support of our Epping community, schools, and our dedicated volunteers. We are currently feeding 29 children every week across all three Epping schools.

The past two months have seen our program very busy kicking off the school year, fundraising, and having a food drive. We raised over \$3000 with our Touch the Trucks fundraiser in September.

Then we partnered with Walmart and Hope

Worldwide to raise over \$3000 worth of food for our Epping program in October

We have two locations for food drop off donations for our program. There is a box downstairs at the library and food can also be dropped off at the front desk at Bodywise Physical Therapy. Items we are in the most need of are canned marinara, shelf stable milk, canned vegetables, and mayonnaise. We cannot accept expired food or glass. Smaller sizes are better to limit the weight of the bags the kids have to carry home.

For more information about our program, please e-mail us at Eppingnh@end68hoursofhunger.org or look us up on Facebook.

Thank you!

Karen Poplaski and Shannon Garwich, Coordinators

Senior Moments

When the Epping Watson Academy Senior Citizens Club finally cooled down for the summer, it was time to warm up for the fall. Funky sweaters, sweat pants, knit hats, the whole thing. We claim the autumn season you know. It's ours. It's the time we need to charge our batteries that hopefully will last us until spring. If they don't, well who knows?

We started our fall season with a visit to the Demeritt Hill Apple Farm in Lee. The rough wagon ride up the hill through the orchard brought us right under those beautiful trees loaded with bright red apples. They were everywhere, saying, "pick me," pick me." So, we did. After that strenuous activity, picking a lot and eating a few, we rumbled back down to the special feast waiting for us and sat down to warm homemade apple pie with ice cream and tangy apple cider. As we sat there with good food, good weather and good friends, we realized-it doesn't get much better then this. An extra bonus--three guests of Sandy's, who were visiting from China joined us. Watching them enjoy the whole new, experiences put big smiles on our faces. Their favorite things were the blue sky and the clean air.

On the road again, we headed into Manchester to tour the WMUR-TV station where we met some of our favorite TV hosts. Getting to see things from the other side of the camera was pretty interesting, especially the blank green weather screen. Those weather people know how to make it look so effortless but now we know their secret. Fortunately, we were able to meet again with Kevin Skarupa, the weatherman who came to one of our meetings last year. He talked about weather in the past where we remembered snow banks high above our heads. We were only four feet tall then. Duh!

Our luck held out at our October meeting this time when we planned a visit from law enforcement officers from the NH Fish and Game Department. Last year their scheduled visit was cancelled. This time we learned how diverse they are and the numerous areas of enforcement each officer must become an expert in - more then most people know and more then I can remember. Their law enforcement education and training is much more extensive then the NH State Police. They have to be available everywhere, every time and for every situation. They reminded us that they are just a phone call away. Good to know when you live in the Center of the Universe.

We also ventured out to Amherst to visit the LeBelle Winery. The place and grounds were beautiful and our lunch in the warmly decorated dining room was excellent.

Another lunchtime was a somewhat spontaneous gathering at Telly's. We started with reservations for six, but fifteen showed up. Again, it was good food, good friends and a good time. This can become a good habit!

Some members of the Club volunteered at the Touch The Truck Day in support of the End 68 Hours of Hunger. The Club also generously donates numerous amounts of food items each month for their very important cause.

Another cause we became aware of was "Water." Seems simple enough. However, the Pease Greeters are asking for donations of bottled water for the troops when they arrive at Pease before their next journey. This was an easy challenge and we met it with lots and lots of bottled water. We also enjoy sending the soldiers other things. One of their favorite things is stuffed animals. It's kind of strange to see this big burly soldier walking in line with a stuffed teddy bear know under his arm. You where he's headed. Lorraine, our "story telling lady" has crocheted almost 300 hats for these

soldiers through the years and her needles haven't stopped yet. Of course, money is always needed by the Greeters and we do enjoy writing that check.

We will have a regular meeting on **November 10**th and the guest speakers will be a Children's' Rescue organization. The following week on **November 17**th, we will be visiting Emergency 911 Headquarters in Laconia. Some of us have visited their headquarters in Concord in years past. The one in Laconia is much larger and much more active. We'll tell you all about it in the next issue.

Exciting newsWe're Growing!!! Up to 42 members now. We are so diversified that it makes for a wonderful mix and interesting fun meetings. We started with six people back in 1999. Welcome aboard new members and hang on for the long ride.

Remember, we are always looking for new programs for our meetings that are held at 1:00 pm on the second Thursday of each month. If anyone out there has a topic you think would be interesting or helpful to us elite citizens, just call President Sandy 679-3359 or contact the Recreation Department anytime.

We're still trying to find the time to get together again with the Recreation kids as we mentioned earlier. We envision an afternoon of stories, cookies, games, cookies and lots of surprises.

We've been wondering, if "you're as old as you feel," how could we be alive at 150? Take it from the experts, - aging is not for sissies, so get with the program.

The holiday season is coming soon and don't forget - take short steps and long breaths to enjoy every moment of this special time of the year. Our annual Christmas party will be on **December 8**th instead of our regular meeting. Again the party will be at the American Legion and the feast will be provided by Misty (the gal who makes those delicious cinnamon buns). There will be a special surprise at the party and even the members do not know what it is.

Merry Christmas and a Happy Healthy New Year from all of us!

Submitted by Irene R. Cote, Secretary

News From the Town

There is now a NEW Website for reviewing Epping meetings online: etv22.viebit.com.

Town Hall closed:

November 11th – Veteran's Day November 24th& 25th – Thanksgiving **December 16**th – Closing at **Noon December 26**th – Christmas Holiday **January 2**nd – New Year Holiday **Other Upcoming Dates:**

October 31st – Trick or Treating – 5-7 pm November 8th – Election Day – Vote!! December 4th – Town Tree Lighting Ceremony December 18th – Santa on the Fire Truck - 3 pm on

All 275th Birthday items are gone!

However Town Flags are still for sale for \$50.



Election Day November 8th - Vote!!!

Tuesday **November 8, 2016** is our national election day and voting will be at the Epping Middle School Gymnasium from 8:00 am to 7:00 pm.

You may register to vote at the Town Clerk's Office up until October 28th. In addition, you may also register to vote at the polls on Election Day.

In order to vote:

- 1. You must be 18 years of age, a US citizen and a resident of Epping.
- 2. You must provide ID a driver's license, non-driver's ID, passport or birth certificate
- 3. You must provide documentation of your domicile. This can be on your driver's license, car registration, a utility bill or a lease agreement.
- 4. To prove citizenship you can provide a birth certificate, passport or naturalization papers. If these are not available you will be asked to complete an affidavit.

If you are unable to vote on this day, you can either contact the Epping Town Clerk or stop by the Town Clerk's Office and complete an Absentee Ballot Request. After completing the request form, you will either be handed your ballot or one will be mailed to you.

Town of Epping Holiday Events

The Town Tree Lighting and Holiday Party will be at the Town Hall on **Sunday, December 4**th from 3:30 to 5:00 pm. Santa arrives at 4:00 pm.

Tree Lighting will be about 4:45 pm.

Santa will visit Epping neighborhoods with the help of the Epping Fire Department on **Sunday**, **December 18**th, starting at 3:00 pm. Routes and times are listed on the Town Hall website.

In and Around Epping

Brickyard Square is complete. Construction has begun on the Zoo Health Club, a new 10,000-square-foot gym that will be built next to the new Dollar Tree store that opened recently behind Cumberland Farms on Route 125. The Zoo is a national chain of 24-hour franchised health clubs and has other NH locations in Derry and Manchester. The club, headquartered in Fort Lauderdale, Florida, offers a wide range of cardio, strength and free weight equipment, personal training and group fitness classes.

Cell Phones for Our Troops Donate your old cell phone.

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone so they can call home, providing these soldiers with a much needed connection to their loved ones. There is a drop off box at the Epping Town Hall for your convenience.

The Pease Greeters Need Our Help!

The Pease Greeters, hundreds of volunteers, meet our Armed Forces any time of day or night, as they pass through Pease International Airport on their way to a war zone or on their way home. For more than eleven years, Greeters have welcomed service members on every flight with a warm meal and beverage, small gifts, a cell phone to call home and a hearty round of applause. And for that we give the Greeters our warmest and most sincere thanks. The Pease Greeters began welcoming flights in 2005 and a couple of months ago reached the milestone of having welcomed 1000 flights. Recently, the number of flights through Pease has increased and the Pease Greeters are in need of monetary help. We need to support our service men and women any way we can. If you can give any amount, please make a check payable to Pease Greeters and send or drop it off to Joyce at the Town Hall.

To learn more about the Pease Greeters, sign up for flight alerts or to make a contribution, visit www.peasegreeters.org.



Epping Lions Club

"We Serve"

We Want YOU to Join the Epping Lions Club https://www.facebook.com/EppingsLionsClub www.epping.nhlions.org

Lions International is an international organization, primarily focused on serving the visually impaired through fundraising. Our latest event, the Highnote festival in September, was a huge success. This year we introduced an egg race, and everyone had a lot of fun. We also sold popcorn, coffee and 50/50 raffle tickets. Thank you to the McPhee family for continuing to support us at this event!

Our next project is a return of our popular Gas Card raffle. We will sell a maximum of 300 tickets at \$5 each. First prize is \$300 at the gas station of the winner's choice. There will also be three \$50 winners. Tickets are available from your local Epping Lion, or come to our next meeting and check us out! Winners will be drawn at our holiday party just after Christmas, so this would make a fabulous stocking stuffer!

The Lions continue to support the eyeglass boxes, located at several locations around town, including the Epping Walmart and J&C Optical. Drop off your old eyeglasses to help others who need them.

If you're interested in learning more please visit our website: www.epping.nhlions.org or join us at our next meeting. We generally meet on the 4th Tuesday of the month at 6:30 pm at the Harvey-Mitchell Memorial Library. We are always looking for new members interested in fellowship and serving their community. New ideas always welcome!

Colleen Palmer, President colleenmariepalmer@hotmail.com Cheryl Denoncour, Treasurer cdenoncour@gmail.com Deb Brooks, Eyeglass Collector lexusreina@comcast.net



TALES FROM EPPING'S PAST

"Oh, What a Tangled Web We Weave "

From the time of the Revolutionary War, our volunteer soldiers were awarded bounty land and pensions as payment for their military service. One

of those war veterans was a freed slave named Michael Sudrick. In 1816 Mr. Sudrick was living in or near Epping as shown by his account in an Epping store ledger of that year. By the 1850's this old soldier had died and the scam to tap into his pension funds was hatched by two prominent Epping citizens of the day, namely Charles L. Godfrey who was an Epping selectman and Woodbury Gilman, our town doctor.

An 1853 Exeter Newsletter reported that Mr. Godfrey and Dr. Gilman had been arrested and both accused of "great fraud." They were charged with having unlawfully gained access to about 2,000 acres of the bounty land warrants and an undisclosed number of pension funds issued to our war veterans and their families.

In Michael Sudrick's case, Godfrey and Gilman had persuaded a woman named Bridget Hart to testify under oath that she and Mr. Sudrick had been married in Epping in April of 1789 and, as his widow, she was entitled to his pension. The marriage record was found and her claim was proved. As a result, this lady received a total of \$1200.00 from Mr. Sudrick's pension, most of which was turned over to line Mr. Godfrey's pockets. However, the discovery of the marriage record that proved Bridget Hart's claim adds more to this tale.

Early on, our marriages were entered and signed into the town books by the minister who had performed the ceremony. At first reading, every detail of this particular marriage record seems in order, but further scrutiny proves this record was forged.

The entry is carefully signed by Epping minister Richard Cutler. Mr. Cutler was indeed one of our Epping ministers, but the fact is that his real first name was Robert, not Richard. Further, not only was Mr. Robert Cutler long gone from Epping by 1789, but he had died and was buried in Massachusetts nine years before this marriage supposedly took place. This marriage record could only have been deliberately forged to support Bridget Hart's claim to Mr. Sudrick's pension money by someone not only expecting to gain from this action, but who also had access to our town record books.

The Newsletter reported that when selectman Godfrey was about to be questioned by the authorities for his role in the scandals, he appeared to be "sinking under a total malady" and "unable to get out of his bed." Mr. Godfrey died in Epping at age 35, perhaps in jail, in November of 1853, about two months after the accusations against him

began. By that time, his partner, Doctor Gilman, had already skipped town and nothing more is known here of him or the very foolish Bridget Hart.

In the words of Sir Walter Scott: "Oh, what a tangled web we weave when first we practice to deceive." Indeed.

This is 34th in a series for Speak Up, Epping! Text/Research: Madelyn Williamson

Epping Historical Society

Here we are, just around the corner from Thanksgiving and Christmas! Where did the year go? Our 275th Birthday kept us on our toes for the last two years. A special thanks for the hard working committee that gave of their time so generously to bring all of us a great "Birthday!" The final result was well worth all the time and energy. Thank you!!

The last event for the Birthday celebration was the walk through Central Cemetery. Although we only had a few attending, everyone had a good time. As we walked around, I was looking for a special gravestone, but could not locate it. We stopped and I related the story behind this particular burial, his name was John Smith. One of our group said: look down, we had stopped right at his gravesite! Was this just a coincidence? ---perhaps....

We had a wonderful antique clothing display all summer. Our visitors loved the unique clothing. How did young children wear such narrow shoes? The children's dresses were very elaborate; they certainly did not wear them every day, only for special occasions. The ladies petticoats were made of cotton or linen, using yards of fabric, with yards and yards of cotton eyelet trim. We also had on display a silk dress, dated to the late 1700's. It is very fragile, and was displayed in an archival box. Many people have donated clothing to us over the years and it was so nice to put this collection on display.

As you already know, the Epping Historical Society building was the A&P, (Atlantic and Pacific) grocery store. We have on display, lots of items that were sold in the store, including milk bottles, candy, chips, toiletries (including tooth powder), and perfume. Does anyone remember Oxydol soap powder? How about soap powder with a free facecloth or small towel inside? The A&P had something for everyone. They even sold chickens and animal food. My grandmother used to buy "Prince Albert Tobacco" for my grandfather, right here at the A&P.

While looking for a story for this paper, I had a good time reading the Exeter Newsletter items from Epping. The following short stories are actual stories reported in the paper by "Aunt Maggie," Exeter Newsletter correspondent. The year was 1875. News sure was reported in a different way at that time. I copied several items that you might enjoy. The first article has a familiar ring!

January 1875:

However plentiful stronger beverages may be in town, water is getting scarce. We hear of wells failing in all parts of town. In many instances farmers are obliged to resort to springs and brooks to obtain water for their stock, and for family use. The river is unusually low, and the mills are at a standstill for lack of water. The shoe business is starting up a little and there is now plenty of work, at reduced wages.

February 1875:

An article was inserted in the Town Warrant for the annual town meeting in March, to have the town appropriate money for repairs on the old cemetery at Boar's Head (Central Cemetery). The subject for a new burying ground has been discussed for several years past and the town at one time voted to purchase a suitable site for the purpose. But, for some reason, no further action has been taken, and the old burying ground is nearly occupied. Many of our town folk have been obliged to bury their family and friends in small family graveyards. Mr. Sanborn, about a year ago laid out a new cemetery on the Raymond Road. The cemetery is on a "swell of ground" known as Prospect Hill. He has sold lots to all that desire them. On a clear day Nottingham Square, Beede Hill, Chester, Fremont, Danville Brentwood Meeting House. County Farm, Newmarket and other prominent places can be seen distinctly.

March 1875:

The town purchased of J. P. Sanborn, land for a cemetery and fencing for \$125.00.

The saw and grist mills of Charles Miles and sons, which have been standing still nearly all winter for lack of water, have commenced running part of the time, the supply of water still being insufficient for them to run full time.

The Congregational Church voted to remodel the Church on Water Street. It is to be moved to a new lot on Raymond Road (now Pleasant St).

April 1875:

The Nashua and Rochester railroad commenced carrying mail on the 1st of April. There are six mails per day for the corner, one each for the day at West Epping and North Epping.

May 1875:

The demand for tenement houses in this town is very much ahead of the supply; several families desiring to move into town have not been able to find tenements. If some of our "moneyed" businessmen would invest some of their capitol in this direction, it would certainly be of much advantage to their town, and undoubtedly pay them a fair percent on their investment.

A couple of "Shakers" from Canterbury arrived in town last week, and were united in marriage. They are spending their honeymoon in town with relatives.

A gentleman from a neighboring town lost a valuable harness two or three years ago, and presumed it was stolen. He recently saw one of the Witham family members at West Epping, and recognized, as he thought, his missing harness in Mr. Witham's possession. The Sherriff was called, and the harness was taken to the maker of the missing harness, for him to identify. He stated the harness was not made in his shop. Moral: The Witham's do not do all the stealing in this town.

A wild animal is reported to be roaming around this town. It has been seen by several persons, and is described as being a yellow color and somewhat larger than a good-sized dog. In the night the animal makes a screeching noise. The animal is a terror to children and old maids. It has been pursued by hunters and dogs, but has eluded them so far.

This was only the first six months of the year. The rest of the year is just as fascinating. (To be continued in the January-February issue.)

Come by and visit us, we have lots of fascinating stories of Epping and its residents of long ago. The Historical Society holds the history of Epping in their hands, and we love to share what we have collected. The Epping Historical Society is open on Mondays from 8:00 to 12:00, or when the flag is flying. Call for an appointment if this is not convenient for you.

Call: 679-2944 or e-mail: joysgarden@hotmail.com Submitted by Joy True, curator

Nature Talks

How Much Land to Conserve?

Conservation Commissions were created in 1963 (Chapter 36-A of the NH Revised Statutes Annotated) "for the proper utilization and protection of the natural resources and for the protection of watershed resources of said city or town." As a member of the Epping Conservation Commission, I support conserving our land, wildlife, and natural

resources, and protecting our water. I also believe Ralph Waldo Emerson (Socrates, Ben Franklin, Aristotle, Seven Sages, or Terence?) had it right: "Moderation in all things." Development, better roads, and business needs are also important. So, just how much land should we conserve? The only thing I'm sure of is this: we must be reasonable.

Let's start by examining the funding of Conservation Commissions in NH. According to state law (RSA 36-A:5 I), the Conservation Fund is non-lapsing, meaning it carries over from one year to the next. For most expenditures, the Commission is allowed to spend the money by a majority vote of the Commission. Money held in the Conservation Fund can be used for a variety of expenses including: natural resource inventories, maps of town properties, wetland evaluations, purchase of land or conservation easements, training and education for conservation commission members and interested citizens, guest speakers and publications about conservation.

By far, the most popular source of money for municipal conservation commissions is the Land Use Change Tax, LUCT, (RSA 79-A:25). This is money paid to the municipality when land that was enrolled in the Current Use assessment program is removed from current use to be developed. The reasoning behind this investment in the Conservation Fund is that the money acquired when land is removed from open space is logically used to protect more open space. This makes a lot of sense to me.

If I understand it correctly, LUCT is charged at 10% of the current value at the time of the change in land use. (The value of "current use" land is based on its income producing capability solely for growing forest or agricultural crops, and not its real estate market value). That means if 100% of the LUCT income to the town is used for conserving new land of the same value, only 10% of the amount of land will be conserved. So, the question is this: is conserving land amounting to 10% of the amount of land taken out of conservation a good thing?

As of March 2015, the Conservation Commission receives 10% of the LUCT in Epping, with a \$50,000 cap per year. That means Epping is conserving (at most) only 1% of the amount of land taken out of current use.

Does that seem like enough to you? For your information as you ponder that question, here is how much of the LUCT our neighboring conservation commissions receive as of the year noted:

Exeter, 0% Fremont, 50%, 1999 Newfields, 50%, 1990 Newmarket, 50%, 1989 Nottingham, 100%, 2007 Raymond, 50%, 2008

As a concerned citizen and a member of the Epping Conservation Commission, I would like to hear from you. Please share your thoughts about conservation – sandygoodspeed@comcast.net.

Submitted by Sandy Goodspeed, guest contributor

The Civil War Roundtable of NH



NH graves at Soldiers' Cemetery in Gettysburg (Photo by Bill Hallett)

The Civil War Roundtable of New Hampshire's new season is underway. We welcome anyone with an interest in the American Civil War and would like to be with others who share the same desire to learn more of this time in American history. We are an informal club with the only requirement being a Civil War enthusiast.

The **November 11**th meeting features a unique talk by Clay Feeter. Clay has taken information from some of our members. With that info, he's researched some of their ancestors' Civil War records and will plot them on a map together. We will see if any of our ancestors fought together or perhaps faced each other across a battlefield.

We take a break in December and wish everyone Happy Holidays! But in January...

The **January 20th** meeting will feature Mike Schroeder and his talk, "Union Combined Operations: Port Hudson, LA – 1863."

If you or a friend has an interest in the American Civil War, we invite you to come check us out.

Founded in May 1991, the Civil War Roundtable of New Hampshire is a group of men and women, young and old, who share our interests, both blue and gray, in the pivotal era of American history

known as the Civil War. We are open to the public and welcome all! As our slogan goes, "There's no time like the present to join us in the past."

For more info on the group and a complete schedule of meetings and news, please visit the web site: www.cwrt-nh.org or e-mail cwrtnh@gmail.com.

This is the upcoming CWRT-NH schedule:

Note: The schedule is subject to change without notice. You can access the C WRT-NH website for the current schedule. If a meeting is cancelled, a notice will be put on ETV.

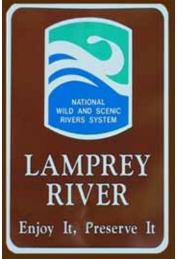
November 11, 2016 – Clay Feeter – CWRTNH Ancestor Soldier Campaign Map.

December 2016 – no meeting – Happy Holidays!

January 20, 2017 ~ Mike Schroeder – "Union Combined Operations: Port Hudson, LA – 1863."

Submitted by Bill Hallett

Lamprey Rivers Advisory Committee
Happy Birthday, Wild and Scenic
Lamprey River!



On November 12, 1996, a 11.5 mile segment of the Lamprey River in Durham, Lee, and Newmarket was designated by the US Congress as a National Wild and Scenic River. On May 2, 2000, an additional 12 miles of river in Epping was added.

For twenty years, visitors and local residents have grown accustomed to seeing signs like the one above. This might seem normal to many, but, in fact, it is something extraordinary. The Lamprey is one of only two Wild and Scenic Rivers in New Hampshire and one of only 208 rivers in the US and Puerto Rico. Fewer than a quarter of 1% of our rivers are protected under the National Wild & Scenic Rivers System. In today's political climate and given the fact that designation literally requires

an Act of Congress, people who live near the Lamprey really have something to celebrate. To learn more about the National Wild and Scenic Rivers System, please visit https://www.rivers.gov.

Kayak Racks Rack up Visits



Photo by Aimee Gigandet

The Lamprey Rivers Advisory Committee was pleased to help Newmarket Recreation fulfill its dream of making kayaks more accessible to campers and the public by funding these kayak racks through a passive recreation grant this past summer. The racks enable quick access to the water without the fuss of transporting boats from the recreation center. Kayaks can be rented by residents and non-residents for access to the freshwater portion of the river at Piscassic Park and the saltwater portion at Schanda Park.

First Annual Lamprey River Splash and Dash, August 20, 2016



Using a Small Grant from the Lamprey Rivers Advisory Committee, the Newmarket Recreation Department built infrastructure for an annual kayak race on the salt water portion of the Lamprey. The

inaugural event attracted about 20 participants and a good crowd of supporters who stayed all day. Two races were held: a 0.5km for younger paddlers and a 3km for junior, men, women, and senior paddlers. There was also a rock 'n roll theme parade, with the Janis Joplin entrant taking home the cash prize.

Everyone had fun spending time by the river. Next year's race will be bigger and better, so mark your calendar now to join the fun in 2017.

Explore the Lamprey with Chick and Dee-Dee

The Lamprey Rivers Advisory Committee is pleased to announce the publication of its new children's book, "Chick and Dee-Dee's Lamprey River Adventure." Based on actual sites and history, the book follows Chick and Dee-Dee as they fly up the Lamprey River from Great Bay in Newmarket to Mary Blair Park in Epping, meeting wild friends and learning about history along the way.

Copies have been donated to the town library and elementary school. The author and illustrator will offer a free public reading at the Harvey-Mitchell Memorial Library on **Saturday, November 19**th at 11:00 am. Copies will be available for \$10.00 each. Come join the adventure.



Helping communities protect the Lamprey River. Submitted by Suzanne Petersen



Epping Garden Club

Thanks to those who supported our Fall Fundraiser, it will pay for mulch on the corners we have planted.

Epping Garden Club is changing, as is the local landscape. Colors we are seeing let us know it is autumn - drought or no drought, they are beautiful.

Do you need holiday plants to make your homes beautiful inside?

We will offer two sizes of Poinsettias this Holiday season and wreaths with and without a bow:

6" = \$10.00

8" = \$19.00

14" Wreath = \$9.00

14" Wreath w/ Bow = \$14.00

Orders must be in by **Friday**, **November 18**th. Either drop the money off with Joyce at the Town

Hall by closing on the 18th or mail it to the Club's mailbox at:

Epping Garden Club

9 Folsom Mill Lane

Epping NH 03042

Please call 300-0064 with any questions.

For churches who want them for Advent, please let us know long before and we will special order yours for the altar.

For the Masons please call in your orders and get checks to us, so you are not forgotten.

We are looking at a delivery date to Watson around **December 10th or 11th** with a chance of pickup on both mornings. We will need them picked up that day as they are tropical (indoor potted plants).

Thanks everyone.

Submitted by Eunice Miller

Outside Watering Ban in Epping

There is still a mandatory outside watering ban in effect in Epping. Epping town wells are currently at critically low levels and water conservation is very important. The Town is working hard to bring two new wells online.



Leddy Center

The Leddy Center's wonderful 42nd season ends in December. To help us start off the Christmas season, Leddy gives us Charles Dickens's holiday classic "A Christmas Carol" from December 2nd to 11th. We look forward with anticipation to their 43rd season in 2017.

Individual tickets are \$20 and are available online at www.leddycenter.org or by calling the Leddy box office at 679-2781, Monday through Friday, from 3:00 to 5:00 pm. Call the box office for information on our group rates. Leddy Center is located on Ladd's Lane, off Route 27, in Epping, NH, is air conditioned for your comfort and is fully accessible.



ETV Schedule

Channel 22 – ETV – Schedule of live programs

Monday-Nov. 7, 21; Dec. 5, 19 – Selectmen –7 pm Tuesday-Nov. 1; Dec. 6 –Water & Sewer –7 pm

Tuesday – Nov. 15; Dec. 20 – Library Trustees – 7 pm

Tuesday-Nov. 8; Dec.13 - Conservation

Commission –7 pm

Wednesday-Nov. 2; Dec. 7 – Parks & Recreation

Commission -7 pm

Wednesday-Nov. 16; Dec. 21-Budget Committee -7 pm

Thursday-Nov. 3, 17; Dec. 1, 15 – School Board –7 pm

<u>Thursday</u>–Nov. 10; Dec. 8–Planning Board –6 pm Friday– Nov. 10; No Dec. mtg. – Civil War

Roundtable – 7:15 pm

Monday meetings are rebroadcast:

1/2 hour after meeting

Tuesday - 7 am

Wednesday - 11 am

Thursday - 3 pm

Monday - 2 am

Tuesday meetings are rebroadcast:

1/2 hour after meeting

Wednesday - 7 am

Thursday - 11 am

Monday - 3 pm

Tuesday - 2 am

Wednesday meetings are rebroadcast:

1/2 hour after meeting

Thursday - 7 am

Monday - 11 am

Tuesday - 3 pm

Wednesday - 2 am

Thursday meetings are rebroadcast:

1/2 hour after meeting

Monday - 7 am

Tuesday - 11 am

Wednesday - 3 pm

Thursday - 2 am

All dates and times are subject to change. Please consult the ETV Bulletin Board or the Town website for any changes or updates.

Always remember that Board meetings are available any time at your convenience if you go to http://etv22@pegcentral.com. They are usually available the day following their "live" broadcast.

"Live" video streaming is also available. Watch live meetings anywhere while they're broadcast: http://etv22.pegcentral.com/live/live_etv22.html.

The new ETV email is eppingtv22@gmail.com There is now a NEW Website for reviewing Epping meetings online: etv22.viebit.com.



Scouting Around Epping

Cub Scout Pack 136

Pack 136 is looking for boys and families who are looking for adventures. Cub Scouts is for boys entering grades 1 to 5. Cub Scouting has ideals of spiritual and character growth, citizenship training and personal fitness. The Scout Oath is a pledge

of duty to God and family. The Scout Law is a simple formula for good Cub Scouting and good citizenship. The Cub Scout motto, "Do Your Best," is a code of excellence. We believe in involving families and Cub Scouting provides opportunities for families to work and play together and have fun together.

November Pack Meeting: **Wednesday, November 16**th from 6:30 to 8:00 pm at the Epping Elementary School

December Pack Meeting: **Wednesday, December 21**st from 6:30 to 8:00 pm at the Epping Elementary School

If you would like information about joining Cub Scouts, please contact our **Cubmaster**, **Jeff Falkingham** at cubmaster@pack136epping.org.

Join us on Facebook and keep track of the Pack http://m.facebook.com/group.php?gid=1990596851 09&fbb=r6c4d2187&refid=46 or go to our website where you can find more Pack information at http://www.pack136epping.org/calendar.

Boy Scout Troop 136

We would like to thank the community for their support during our fundraising season. We are finalizing our sales of Popcorn, Dunkin Donut Coupon Books and Candles. Please look for us at Walmart on **November 19**th. We will be selling our community calendar.

This fall has been super busy! We had:

Our Popcorn Show and Sell at Walmart.

A fabulous campout at Camp Fatima in Gilmanton

Justin B's Eagle Court of Honor

Our Fall Court of Honor.

The District Camporee at the Hampton Airfield.

Leader Training for our newly elected Senior

Patrol Leader, Patrol Leaders and Assistant Patrol Leaders.

A bike trip thru the trails in Epping and Raymond.

A number of Order of the Arrow events were held as well.

Our annual Scouting For Food is coming up the beginning of November. Please look for fliers on or around **Saturday November 5**th. If you receive a flier and wish to support the local food pantry, please leave your non perishable (non glass) items out on **Saturday November 12**th by 8 am. Thank you for supporting our community!

The Fall Court of Honor was a busy one with tons of awards. Lots was accomplished at summer camp!

Advancement:

Scout Rank: Daniel J., Brady P., Aiden D.

Tenderfoot Rank: Chris S.

Awards:

Archery Merit Badge: Tim G., Andrew B.

Art Merit Badge: Daniel J., Sean L., Nathan M., Brady P., Aaron W., Greg M., Aiden D., Jake O.

Bugling Merit Badge: Alex C.

Chess Merit Badge: Daniel J., Sean L., Nathan M.,

Brady P., Aaron W., Aiden D.

Citizen In The Nation Merit Badge: Chris S.

Communication Merit Badge: Ryan S.

<u>Disabilities Awareness Merit Badge</u>: Dylan H.,

Chris S., Ian W.

Emergency Preparedness Merit Badge: Patrick M., Andrew T.

Environmental Science Merit Badge: Tim G.

Finger printing Merit Badge: Daniel J., Nathan M.,

Chris S., Aiden D., Jake O. Fishing Merit Badge: Ryan M.

Forestry Merit Badge: Max S.

Game Design Merit Badge: Logan S.

Geocaching Merit Badge: Lathan R., Blake Y., Max

S., Andrew B.

Kayaking Merit Badge: Patrick M.

Pottery Merit Badge: Greg M.

Rifle Shooting Merit Badge: Andrew T.

Small Boat Sailing Merit Badge: James W.

<u>Swimming Merit Badge</u>: Dylan H., Sean L., Nathan M., Brady P., Chris S., Ian W., Aaron W., Aiden D., Jake O., Max S.

Weather Merit Badge: Chris S., Zachary H., David

Wood Carving Merit Badge: Zachary H., David M., Tayler S.

National Outdoor Achievement Award - Camping Segment: Alex W.

BSA Mile Swim: Tim G., AJJ., Sean L., Chris S., Zachary H., Blake Y., Aiden D., Jake O.

Snorkeling: James W.

Firem'n Chit: Ian W.

<u>Totin' Chip</u>: Sean L., Brady P., Aaron W., Aiden D., Andrew B.

Our schedule for November and December is:

November 3 - Committee Meeting at Epping Community Church

November 4-6 - Campout at Camp Straw

November 5-6 - Distributing Scouting for Food Fliers

November 12 - Picking up Scouting for Food Donations

November 19 - Calendar Show and Sell, Walmart

December 1 - Committee Meeting at Epping Community Church

December 2 - Bowling at Strikers East **December ?** - Holiday Court of Honor

If you have a son who is interested in Boy Scouts, please call Scoutmaster Stephen Sylvain at 682-4801.

Submitted by Pat Oumansour



Epping Fire Department

Daylight Savings Time will end November 6th

"Fall Back!" Please turn your clocks back an hour. Also, please be sure to check the batteries in your smoke and carbon monoxide detectors. If you need help, call the Fire Department and they will give you assistance. Smoke Detectors Save Lives! Carbon Monoxide Detectors do, too!

Annual Epping and Brentwood Stuff the Bus

The annual Epping and Brentwood Stuff the Bus with Christmas Presents Drive will be held from 9:00 am to 5:00 pm on **November 26**th and 27th at Walmart. Please help the Epping and Brentwood Fire Departments make Christmas special for families in need. This program has helped hundreds of families in past years. Members of both Fire Departments will be present at Walmart in Epping accepting monetary donations or new, unwrapped toys.

On **Sunday December 18**th Santa Claus will be escorted around Epping leaving the Safety Complex at 3:00 pm. Santa is going to take time out from getting toys ready for Christmas and is going to come to Epping on a fire truck. Listen for the sirens! When you hear the sirens, you'll know that Santa is coming to your neighborhood!

The Epping Fire Department has a certified car seat inspector on staff. However, due to a rotating schedule, please call and schedule an appointment. Deputy Chapman can be reached at 679-5446.

Burn Permits are required for **all outside burning.** Permits will be issued at the fire station 7 days a week, 6:00 am-6:00 pm. Permits **Will Not** be issued when fire danger is class 3 or above.

If you have any questions contact the Fire Department at 679-5446

For Daily Fire Danger and an explanation of the different danger levels, follow the link below.

http://www.nhdfl.org/fire-control-and-law-enforcement/daily-fire-danger.aspx

Epping Explorer Posts

Fire Department Explorer Post 716

The Explorer Post is sponsoring its annual Red Cross Blood Drive on **November 19**th at the Epping Fire Station. The entrance to the Fire Department is at the rear of the Safety Complex and will be marked.

Exploring is part of the Learning for Life program of the Boy Scouts of America. We are co-ed and welcome all youth ages 14 to 20 years of age. Our meetings are held at the Epping Safety Complex on the 2nd, 4th and 5th Thursdays 6:30 to 8:00 pm. We are career oriented and welcome youth to check out the Fire and EMS services as a possible career.

Explorers learn how to use the Fire Department equipment and do search and rescue. Once the probationary (learning) period is over, they may assist on fire calls. Explorers are allowed to ride on the apparatus if seats are available and assist firefighters with the self-contained breathing apparatus (SCBA), supervise the rescue truck and perform many other duties at a fire scene.

For more information, please contact the station at 679-5446.

Police Department Explorer Post 714

Youth 14 and older may also join the Police Explorer Post by calling 679-5122.

American Legion News Children's Christmas Party in Epping

The Ladies Auxiliary of the American Legion Post 51 in Epping is hosting a Children's Christmas Party on **Saturday**, **December 10th** from 1:00 to 3:00 pm. It is open to Epping children and the children/grandchildren of the members of Post 51. The eligible ages are 0-10 years old. We hear that Santa will be making a special visit! In order to make sure that Santa has a gift for all the kids, please make sure all eligible children are signed up before the deadline date of December 4th. Prior sign up is required. No calls after that date will be accepted. Please call Linda at 944-5429 or Janet at 944-3288 and let us know your name, your children's ages, and boy or girl. Again, the deadline date for signing up is Sunday, December 4th. We will have some crafts to do while we wait for Santa to arrive and there will be light snacks, juice and water. It will be held in the non-smoking Harry Bradshaw Memorial Hall of the American Legion on Route 125 in Epping (across from Telly's Restaurant).

Monthly Breakfast Buffets

Monthly second Sunday breakfasts are being held from 8:00 to 11:00 am. Come enjoy our hot Breakfast Buffets on **Sunday November 13**th and **Sunday, December 11**th - eggs, bacon, sausage, toast, pancakes, home fries, and coffee are all piping hot and ready to be enjoyed. Bring your newspaper and your appetite!

Prices have changed. The Buffet is \$8.00 for adults, \$5.00 for children 6 to 12 and children under six are free - worth every penny!

We will be collecting food for End 68 Hours of Hunger in Epping.

Rockingham County Welcomes Two New Members to Advisory Council



HC Costello of Hampton and Patty Laughlin of Epping

The Rockingham County office of UNH Cooperative Extension welcomes two new members to their Advisory Council: HC Costello from Hampton, and Patty Laughlin of Epping.

HC Costello, a resident of Hampton, is Program Manager for the Recipe for Success Programs at the New Hampshire Food Bank. She manages the Culinary Job Training Program and Production Garden, SNAP Outreach, USDA Summer Food Service Program, New Hampshire Nutrition Incentives Network, and expanded the Cooking Matters Program statewide. She is a Registered Dietitian and experienced grant writer with degrees in Food and Nutrition, and is a member of the New Hampshire Food Alliance Food Strategy Team and the New Hampshire Hunger Solutions Steering Committee.

Patty Laughlin, a resident of Epping, is Manager and Head Gardener at Lorax Landscaping. She is a New Hampshire Certified Landscape Professional, an Accredited Organic Land Care Professional, a New Hampshire Natural Resources Steward, and a Certified Wildlife Landscaping Professional. She has degrees in Horticulture and Physics. She is the

Certification Coordinator for the New Hampshire Landscape Association, chairs the Property Committee at her church, and is a volunteer with Maine Adaptive Sports and Recreation.

Our county office is seeking nominations from interested citizens who live or work in Rockingham County to be members of our Rockingham County Advisory Council. The council includes 12 citizens, and a representative of both the County Commissioners and County Delegation. These advisors assist Extension program staff to evaluate current programming, identify local educational and research needs, and to consider new programming across the county.

Nominees will ideally have a good knowledge of local community and county issues, and enjoy the opportunity to offer advice on methods of program delivery and implementation. They may or may not be familiar with Extension's programs, but would value an opportunity to learn about our work in Food & Agriculture, Community & Economic Development, Youth & Family, and Natural Resources.

Council members are appointed for two-year terms, and meet monthly (currently the 2nd Monday at 6 pm) from September through June.

If interested please email County Relations Manager Dan Reidy at: dan.reidy@unh.edu to express your interest in the Council, and provide any biographical information you believe the Advisory Council Nominating Committee might value.

UNH Cooperative Extension brings information and education into the communities of the Granite State to help make New Hampshire's individuals, businesses, and communities more successful, and its natural resources healthy and productive. For 100 years, our specialists have been tailoring contemporary, practical education to regional needs, helping create a well-informed citizenry while strengthening key economic sectors. For more information, or to learn about educational programs in Rockingham County, call 679-5616 or visit extension.unh.edu.

Epping Community Church

Our church service is at 9:00 am every Sunday morning upstairs in our sanctuary. Come and listen to the word of God as he speaks to all of us individually. Following the service we have a time of fellowship for everyone to share a cup of coffee, a bite to eat and great conversation with friends...new and old. Sunday School is at 11:00 am for all ages

including an adult class. Come and join us for worship we'd love to have you! We are located on the corner of Main and Pleasant Streets.

We would like to extend a huge thank you to the McPhee and Weaver families for putting on our October dinner. We served over 100 people at the fish fry that they put on every year. They did a fantastic job and everyone left happy and full!! Great job to all!!

We will be very busy for the next couple of months at the church. On **November 8**th the Ladies Aide of the church will be selling homemade pies at the election. The pies will be \$10.00 each. There will be fresh and also frozen pies with instructions for baking.

Our 3rd Saturday dinner will be on **November 19**th from 5:00-6:30 pm. This will be a turkey dinner with all the fixings including various homemade pies for dessert. The dinner is \$8.00 for adults and \$4.00 for children. Thank you for all of your support and we hope to see you there!

We have once again been asked to join in the Thanksgiving Eve service at the Danville Union Church. Our bell choir will be part of the service. It is at 7:00 pm on **Wednesday November 23**rd. This is a beautiful historical church and all are invited.

We will once again be providing a free Thanksgiving Day dinner at the church on **November 24**th from 11:00 am to 1:00 pm. The meal is served family style and everyone is invited to come. Kevin Murphy heads up this fabulous meal with lots of volunteers. We also can deliver a meal to shut-ins by calling the church at 679-5542 and making a request. If you would like to come and get a meal to take home we can do that too!

In December we will have our Christmas Eve candlelight service at 7:00 p.m. This year we will have a Christmas Day service at 9:00 am. These are beautiful services upstairs in our sanctuary and are accessible by the front stairway or by the elevator located through the side driveway door. We would love to see you all.

Our food pantry is open on Saturday mornings from 8-10 am. Entry is through the side door off the driveway. It continues to serve an ever-increasing number of individuals and families. We are thankful for every dollar and every food item donated! If you would like to donate food items to the food pantry, the following are suggested items that are needed: cereal, canned fruit, crackers, spaghetti sauce, pasta, tuna, peanut butter, jelly, canned vegetables, soups, baked beans, juice, mac & cheese. We can also use personal hygiene items such as: toilet

paper, paper towels, shampoo, bar soap, toothpaste etc.

We also continue to have our Soup of the Day Café every Thursday from 11:00-12:30. This is a free lunch open to all in the community. We offer two different kinds of soup, salad and dessert every week. We are just beginning our 9th year at the Soup Café and we love seeing old and new friends. You can even get soup to go!

We are continuing the search for a new pastor for the church. Reverend VanGundy is filling in a few times every month and we also have dedicated lay people and pastors in our community that have helped to fill the pulpit. We are grateful to all for their commitment.

St. Joseph Catholic Church

208 Pleasant St. (Rte 27) Epping, NH 03042 Office telephone: 679-8805

Mass schedule weekdays: Mon, Tues, Thurs, Fri. 7:30 am Wednesday 7:00 pm Mass schedule weekends: Saturday 4:00 pm Sunday 8:00 am, 10:30 am and 6:00 pm

November

Mondays – Adoration – Noon to 9:00 pm
 Fridays Adoration – 8:00 am to 7:00 pm
 November 4th – First Friday Adoration – 8:00 ammidnight

November 5th – First Saturday Adoration – midnight-7:45 am

November 12th – Squire Dinner – 5:00 pm **November 24**^{tth} – Thanksgiving Mass – 9:00 am

December

Mondays – Adoration – Noon to 9:00 pm Fridays Adoration – 8:00 am to 7:00 pm December 2nd – First Friday Adoration – 8:00 ammidnight

December 3rd – First Saturday Adoration – midnight-7:45 am

December 10th – Christmas Cantata

December 24th – Christmas Eve Mass Schedule – 4:00 pm, 7:00 pm, 10:00 pm

December 25th – Christmas Day – 10:00 am ONLY If you have any questions, please call the Rectory Office 679-8805 or check our website at http://stjosepheppingnh.com for further information.

Epping Bible Church

Epping Bible Church invites you to join them throughout the week at 243 Pleasant Street in Epping.

Our Sunday mornings begin with a full, free breakfast from 8:15 to 9:15 am, followed by Sunday School for all ages at 9:15 am. The Gathering, a time for announcements and to share, is at 10:05 am followed by morning service at 10:45 am. Sunday evening service begins at 5:00 pm. Families are welcome.

Sunday School features classes for all ages, from 2 year olds all the way to adults.

A free nursery for children – infants through four years – is provided during the morning and evening services. Children age four through third grade are invited to Junior Church during the morning service after praise and worship time.

On Wednesday nights there is a Bible Study at 6:30 pm at the parsonage.

The Awana program for children age 3 through sixth grade is held on Friday nights. It helps children learn about God's Word. For details, please contact Dora Brown at 702-2650 or at awana@eppingbible.org.

Epping Bible Church is located at 243 Pleasant Street in Epping. If you have any questions, please contact Pastor Ron Townsend at 247-0405 or at PastorRon@EppingBible.org. Visit their website at www.eppingbible.org.

Providence Baptist Church

410 Pleasant Street, Epping, NH 03042

Phone: 679-8918 Weekly Schedule

Sunday Morning Service at 10:30 am

Wednesday Food Pantry begins at 10:00 am (for first time visitors, please have your photo ID and proof of residency with you)

Wednesday Time of Devotion and Prayer begins at 6:30 pm

(Check schedule for dinner nights!)

For small groups and other events, please check out our website at www.pbcnh.org or contact us at pbcsecretary410@gmail.com.

West Epping Quaker Meeting House

The West Epping Meeting grew out of the Seabrook Quarterly Meeting in the middle of the 18th century. Records show that Joshua Folsom was a recorded minister among Friends in the community in 1772 – though he may have

commenced his activities even earlier. The present Meeting House was built in 1851. The surrounding tall pines, dating from this period, have been a distinguishing feature of West Epping Village.

West Epping Friends meet for silent worship at 10 am every first and third Sunday of the month. We welcome visitors to our meetings to join with us. For those who would enjoy just visiting the Meeting House they may call the Clerk, Fritz Bell, at 244-1119 for a tour.



Harvey-Mitchell Memorial Library

Epping's Public Library 151 Main Street 734-4587 (Adult Dept.) 679-5944 (Youth Dept.) 679-5884 (Fax)

harvmitch@gmail.com www.eppinglibrary.com

Youth Dept. e-mail: hmmlyouth@gmail.com

Youth Dept. Facebook page:

http://www.facebook.com/eppinglibrary

Hours: Monday, Friday - 10 - 5

Tuesday, Wednesday, Thursday -10 - 8

Saturday - 10 - 2 Sunday - 12 noon - 4

Closed: November 11th – Veterans Day

November 24th – Thanksgiving Day December 25th, 26th – Christmas Holiday January 1st, 2nd – New Year Holiday

New Added Library Hours!

The Harvey-Mitchell Memorial Library Trustees have approved opening the library on Sundays. Beginning October 23rd, the library is open from 12 noon to 4 pm. We hope these additional hours will help people who are unable to get to the library during the week, come in to use the computers, read the Sunday papers, or check out books. The HMML Trustees and Staff hope you will let us know if the added hours are convenient for you!!

November

How to Make a Cup of Tea

Learn how to make the perfect cup of tea! HMML is presenting a program with Paige Zaferiou, a Brooklyn, NY based tea blender, on **Tuesday, November 1**st, at 6 pm. Paige will share tea's many health benefits, a brief history of tea and how to brew the three most popular teas. The demonstration will end with a sampling of teas and cookies!! This is a free program and no registration is necessary.

Children's Yoga

On Wednesdays November 2nd, November 9th, November 16th, and November 30th, Miss Leah will be presenting Children's Yoga at 4:00 pm each week. No registration is necessary. This program is open to children 2 years old and up.

Reiki 1 Certification Course

A Reiki 1 Certification Course will be held on **Monday, November 7**th, **and 14**th, from 5:30-9:30 pm. Reiki is an ancient Japanese hands-on technique that helps you feel better by stimulating your body's natural healing ability. The Reiki course is \$120 per person and \$99 for each additional family member. Registration and payment are due by November 3rd. This is an 8-hour Certification Course. You must attend both days to complete the course and earn your certificate. Please contact Paula Hogan at trueharmonyreiki7@gmail.com or call 479-4324.

On Tuesday, **November 15**th, Suzanne Petersen will present a program about the Lamprey River from 6:00-7:30 pm. Suzanne is a member of the Lamprey Rivers Advisory Committee and has written a book about the different towns on the Lamprey called "Chick and Dee-Dee's Lamprey River Adventure." Suzanne will talk about the river and will have books for signing. On **Saturday**, **November 19**th, Suzanne will conduct a story hour for the children at 11 am. Suzanne and the book's illustrator, Denise Brown, will read to the children.

The Dusty Old Mystery Book Club meets on **Wednesday, November 16**th, at 7 pm. "The Poisoned Chocolate Case" by Anthony Berkeley will be discussed. Stop by for lively talk and lots of laughs!!

Meeting Dates

Thursday, November 3rd, at 7 pm – Friends of the Library

Tuesday, November 15th, at 7 pm - HMML trustees

Library Closings

HMML will be closed on **November 11**th Veterans' Day and on **November 24**th Thanksgiving Day

Story hours at the library are on Monday and Friday at 11:15 am for the younger children. There are two story hours on Wednesdays at 10:15 am and 11:15 am for older students and for the Seacoast Learning Collaborative students.

December

December promises to be a busy month.

On **Saturday, December 3rd**, Diane Kordas, will present a Christmas Puppet Show and Sing Along. The show will start at 11 am and refreshments will be served!

On Wednesday, December 7th, the HMML yoga for children will hold its last class at 4 pm. The Yoga classes will resume after Christmas

Make a Christmas Gift

Children are invited to come in on **Saturday**, **December 10**th at 11 am to make a Christmas towel gift. Gail Soucy, an Epping resident, has helped children in the past with sewing crafts. We will limit the number to 8 children. If more than 8 are interested we will run the class again on Saturday, December 17th, at 11 am.

On **Wednesday, December 21st** at 7 pm, the Dusty Old Mystery Book Club will hold a Cookie Swap in addition to the book discussion.

We are considering several programs to be offered during the Christmas vacation week. These programs will be announced on our web pages and in the newspapers.

Library Closings

HMML will be closed on **December 25**th and **26**th, Christmas Holiday and **January 1**st, and **2**nd, for the New Year Holiday.

Epping Parks & Recreation Department News

Home of the "River Otters" Director: Nicole Bizzaro Cell Phone: 608-9487

Recreation Dept. Main Phone Number: 679-3006

eppingrecreation@gmail.com

Join us on Facebook and follow us on Twitter.

If you need to reach the Department, please contact Nicole, Recreation Director via e-mail at eppingrecreation@gmail.com or cell at 608-9487.

Now that Watson Academy is open again, we are getting back to business. The Epping Parks & Recreation Department has been busy at work, meeting with potential new instructors and staff to develop future programs and offerings at Watson for the town residents. For more information and to register, please contact the Recreation Department

via e-mail at eppingrecreation@gmail.com or visit our website at www.EppingRecreation.org.

Please check out our website and our Facebook page for announcements and program updates.

Elementary School Programs Before & After School Program

We provide a safe, nurturing place for children to attend quality programming beyond the schools' hours of operation. We strive to help youth reach their full potential by allowing them to explore their physical, social and intellectual interests in a safe and fun setting. The culture of our programs emphasizes quality relationships and a healthy respect for individuality. We provide enough structure to keep everyone safe, but we also offer an open atmosphere that allows children to explore their interests in groups or on their own.

The Before School Program operates on normal school days at the Epping Elementary School gym in the mornings for youth in grades K-7. The program opens at 6:45 am and runs until students leave for their classrooms at 8:20 am! Kindergarteners are escorted by staff. At the program the youth are able to finish homework, work on arts and crafts projects and play games in the gym. The youth are able to eat breakfast with the school breakfast program.

The After School Program starts at the EES Library to gather, then they head outside to the EES playgrounds during good weather days or walk down to Watson Academy for snack and homework time from 3:15-4:15 pm, during cold or bad weather days. The program then runs organized games and activities from 4:15-5:45 pm at Watson Academy and on scheduled days, uses the gym for PE related programming. The program operates from school dismissal until 5:45 pm. Children are grouped by grades: K-1, 2-3 and 4-7. This may vary slightly depending on space and child needs in each of the groups. Grades K-7

6:45–8:35 am–Before School Program at Epping Elementary School Gym

3:15 – 5:45 pm – After School Program meets in EES Library, goes to Playground and Watson Academy, with use of the EES Gym on scheduled days.

Call Nicole for more information at 608-9487.

Let's Get Movin' Yoga For Preschoolers and Parents

Time: Thursday 10:30 - 11:00 am

Ages: 3-5*

Cost: \$30 for 4-week session

Please register by visiting the Rec. Dept. website at www.eppingrecreation.org

Download a registration form and drop off at Town Hall or Watson or mail to Epping Rec. Dept. at 157 Main Street, Epping

Bring your mat and join the fun!

Cheryl Rossman RYT500 957-0416

crossnh@comcast.net, www.letsgetmovin.com

*If your child is younger than 3 and you feel they will benefit from the program feel free to call to discuss.

Martial Arts Programs at Epping Recreation and Elementary School (offered by Epping ATA)

Karate Classes

Mondays (EES Gym) and Thursdays (MS Stage) 3:10 – 4:15 pm, \$65 per month

For more information or to sign up your child, please contact Mrs. DeNapoli at 674-6599 or e-mail her at eppingata@gmail.com.

ALL beginners receive a FREE Uniform.

McIntyre Ski Lesson Program

The ski lesson program will be offered again this year. The program will run Thursday evenings January 5th to February 2nd from 4 to 6 pm. Registration is by McIntyre website – online registration only.

Youth Ceramics Class

Day: Thursdays Time: 4:15-5:15 pm

Cost: \$20 for three sessions

Includes: up to 3 pieces (depending on selection), paint and brush use.

This program is ongoing so the child comes 3 times and then is completed or signs up for another 3-week session.

To register, please contact the Epping Recreation Dept. at eppingrecreation@gmail.com or stop by the program to speak with Barbara Young.

8th - 12th Grade CIT program

The program is back again this year. Students who like working with children and want to gain experience may apply to be a Counselor-In-Training. School year and summer positions are available and it's FREE! For an application, please contact the Rec. Dept.

Both the Application and two Reference Forms

need to be returned to the Recreation Director at Town Hall, 157 Main Street, for review, Without references (non-related), applications will not be accepted. CIT positions are limited! We will call all applicants in for an initial interview with the Recreation Director and Program Director. The CIT program is not a full summer, full week program. Each CIT will be given a schedule of days and hours they will be assigned to complete their volunteer time with us. CIT's will ASSIST staff in running programs for kids, preparing materials for programs, helping with general clean up after programs and being role models for children participating in programs. Most CIT hours are completed on school grounds (no field trip hours). If a CIT shows exemplary skills in assisting children during on-grounds programs, we may contact those parents to arrange for field trip volunteer hours.

Adult Programs

Please check our Facebook page for updates, including cancellations on all programs.

Adult Basketball

Want to play some adult basketball? Come join The Epping Recreation Department for some pick up co-ed basketball in the Epping Middle School Gym on Sunday nights.

<u>Day / Time</u>: Sunday – 7:00 – 9:00 pm Location: EMS Gym (Use EHS entrance)

<u>Cost</u>: \$30 for 10 nights – Please make check out to the "Town of Epping." If paying in cash, please bring exact change.

Each participant is required to sign a waiver form prior to playing and payment. Waiver forms will be available at the gym. We will have a sign-in sheet, to keep track of the days used. Once you have used your ten nights, please bring in your next payment of \$30 for ten additional nights. You will not be allowed to play if we do not have a signed waiver and payment. The payment covers the cost of the staff to provide this program.

We will also notify you via e-mail of any program changes, so please provide a current e-mail address.

Let's Get Movin' Yoga For Seniors and Adults

Time: Thursday 11:15-12:00 pm

Where: Watson Academy - Recreation Center

Cost: \$25 per session

Please register by visiting the Rec. Dept. website at

www.eppingrecreation.org

Download a registration form and drop off at Town Hall or Watson or mail to Epping Rec Dept at 157 Main Street, Epping. Bring your mat and join the fun!

Cheryl Rossman RYT500 957-0416 crossnh@comcast.net www.letsgetmovin.com

Adult Ceramics Class

Day: Thursdays Time: 5:30-8:30 pm

Cost: \$2 per hour, plus ceramics piece of choice Includes: Use of brushes and paints. Some glazes are extra.

Location: Watson Academy (Upstairs Blue classroom)

To register, please contact the Epping Recreation Dept. at eppingrecreation@gmail.com or stop by the program to speak with Barbara Young.

The Porch

Our goal is to demonstrate the unconditional love of God to our community by building relationships, meeting physical and financial needs, and sharing the Gospel of Jesus that transforms lives.

Epping Lighthouse will benefit the community in numerous ways, including:

Running a youth center for teenagers Running a children's after-school program Giving financially to families who are in need Providing free family counseling

Organizing various programs for teenagers to service others

Kids Club

Our kids club is for kids in grades 1-5.

We will provide free pick up from EES, and provide snacks and drinks at no charge.

We have a structured time of singing, Bible Time and Game Time.

The club starts at 3:15 and goes until 5:00 pm.

Teen Central

Our Teen Central is geared for grades 6-12.

We offer pool, ping-pong, air hockey, and foosball.

We also have computers, a TV, board games and provide snacks and drinks at no charge.

Teen Central opens at 2:30 and goes till 4:30.

We provide classes and other events throughout the year as well.

We require all of our workers to complete a

background check.

If you are interested, please check us out at www.eppinglighthouse.org or you can e-mail us at eppinglighthouse@hotmail.com to request a form.

Families First

support for families...health care for all

Epping Family Morning Out: Fridays, (not 11/11, 11/25 or 12/30); 9:30-11 am.) For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at the SAU 14 Building, 213 Main Street, Epping. □Cost: Free □Advance sign-up not needed

Exeter Family Morning Out ☐ Thursdays (not 11/24 or 12/29); 9:30-11 am. For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at Exeter Parks and Recreation (32 Court Street, Exeter). ☐ Cost: Free. ☐ Pre-registration not needed.

For information call 422-8208, press 2, or visit http://www.familiesfirstseacoast.org/programs.cfm.

All parents and children are welcome at our Parenting Classes, Parent-Child Groups and Parent Groups. Advance registration is needed for most programs and is always needed for childcare; please go to <u>FamiliesFirstSeacoast.org</u> and click on the Register for Family Programs button, or call 422-8208 x2.

Adult Education Is 50 in November. Celebrate With Us!

Adult Education is celebrating its nationwide 50th anniversary this November. Exeter Adult Education will be hosting a special Open House on Tuesday, November 15th from 5:00-7:00 pm.

Come celebrate 50 years and see adult education in action. There will be history/evolution, demonstration classes and refreshments, all at the Tuck Learning Campus, 30 Linden Street, Entrance D, Exeter. For more information, go to adulted@sau16.org.

Epping Students in the News

Epping students named to the UNH Dean's List for the 2016 spring semester:

Highest Honors

Bridget Fitzpatrick Eric Ouellette Molly Fitzpatrick

High Honors

Nicholas Carano
Justin Cawley
Lisa Demaine
Lauren Haley
Janine Perkins
Sara Sturzo

Kelly Seaman Whitman Constantineau

Honors

Tara Martel Lauren Pitkanen Casey Sturzo Adrianna Lamparelli

Epping student named to the Dean's List at Northern Essex Community College for the 2016 summer term:

Alicia Thibeault



Epping School District News

School Board Meeting Schedule

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at www.sau14.org under School Board/Agenda & Minutes. ETV is also streaming meetings that you can watch live on your computer at: http://etv.22.pegcentral.com.

November 3rd and 17th December 1st and 15th

Epping Elementary School (EES) EES School Calendar

November

Nov.3 – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

<u>Nov. 8</u> – NO SCHOOL – Teacher Professional Development Day

Nov. 7, 9,10 - Veterans Friendly Lunch Days

<u>Nov. 10</u> – Eagle Day – Veterans Day Assembly at 9:50 am

Nov. 11 – NO SCHOOL – Veterans Day

Nov. 13-23 - Student Council Food Drive

<u>Nov. 16</u> – EES National Honor Society Induction Ceremony for 4th Grade – 6:30 pm in EMS gym

Nov. 23-25 - NO SCHOOL - Thanksgiving Recess

December

<u>Dec. 5</u> – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

<u>Dec. 6</u> – Chorus performs at Rockingham Nursing Home.

Dec. 8 – Make & Take It Family Craft Night – 6:00-7:30 pm

<u>Dec. 13</u> – Winter Concert for grades 1, 2, & 3 in EMS Gym - 6:30 pm

<u>Dec. 14</u> – Winter Concert for grades 4 & 5, Band & Chorus in EMS Gym – 6:30 pm

Dec. 26-30 - NO SCHOOL - Holiday Recess

EES Elections were held and the following students elected:

National Elementary Honor Society

President Eva Simpson Vice Presidents Maelie McAniff &

Annabelle Shumway

Secretary Malaney McAniff
Treasurer Autumn Loving

Student Council

President Dylan Dulong
Vice President Logan Snyder
Secretary Delaney Yates
Treasurer Brady Dwyer

An Invitation to Epping's Veterans From Epping Elementary School Lunch with a Veteran Program

Choose one day:

Monday, November 7th Wednesday, November 9th Thursday, November 10th

Epping Elementary School would like to say "Thank you!" to veterans by inviting you to a free lunch at our school during Veterans Day week. This is a very informal event with veterans seated at the tables with students. Any veteran who attends will be recognized and introduced to all the students and thanked for his or her service.

Lunch times are:

11:20 to 11:45 for grades 4 & 5 11:50 to 12:15 for grades 2 & 3

12:20 to 12:45 for kindergarten 12:25 to 12:50 for grade 1

You don't have to have children, grandchildren or other relatives currently attending Epping Elementary School. If you are a veteran, you are invited.

If you plan to attend, please call the school at 679-8018 or send in a note with a student relative or by mail, telling us what lunch you plan to attend. Please note that school is closed on November 11th.

Thank you for your service to our country.

Mark Vallone Principal

Epping Middle School (EMS) Stay Connected with EMS

Up to the minute information and happenings at Epping Middle School are available to all via Twitter, Instagram and Face Book. *Follow us!*



EMS Pride Awards

EMS held its Quarter One PRIDE Assembly on October 7th. Students were recognized for Epping Middle School's Guiding Principles #1 and #2.

Principle #1: Respect and encourage the right to teach and the right to learn at all times. Students honored were:

Grade 8 - Megan Webber

Grade 7 - Aryana Patnaude

Grade 6 - Brady Lewis

Unified Arts - Zach Orthman

Principle #2: Be actively engaged in learning; ask questions, collaborate, and seek solutions. Students honored were:

Grade 8 - Josh Coolidge

Grade 7 - Zach LeBlanc

Grade 6 - Kaelin Beattie

Unified Arts - Carly Sanborn

Students in Grade Seven Visit Nature's Classroom

Nature's Classroom is a residential environmental education program. After spending four days and three nights at Nature's Classroom, living and learning together, seventh grade students develop a sense of community, a confidence in themselves and an appreciation for others that will carry over to our school community.



Grade 7 students enjoy their first meal at Nature's classroom October, 2016.

Exactly what is a Chromebook, anyway?

A Chromebook is a laptop running Google Chrome OS as its operating system. The devices are designed to be used primarily while connected to the Internet, with most applications and data residing in "the cloud."

The Epping School District implemented their Digital Learning Initiative moving to 1:1 digital learning in the middle and high schools this September. In order to best prepare our students for the demands of the 21st century both schools issued state of the art Chromebook technology for all students in grades 6-12. In preparation for this initiative staff, students and administrators have been utilizing the Google platform for the past year. Students currently have district gmail accounts and regularly use Google Classroom for all content areas.

Students have the ability to take these devices home, do research, presentations and much, much more!



Grade 8 students present to their peers during Science class.

Fourth Annual Astronomy Night.

Epping Middle School's 8th grade science teacher, Lindsey Lapointe and the New Hampshire Astronomical Society presented their fourth annual "Astronomy Night" on September 19th at Epping Middle School. Attendees were treated to a short indoor presentation from NHAS astronomers on deep space and telescope use, followed by a chance to observe the night sky using their high-powered telescopes.



Epping High School (EHS) EHS Booster Club Holiday Fair

The annual Booster Club Holiday Craft Fair is **Saturday, November 12**th from 9:00 am-3:00 pm in the EMS gym and is put on every year by the EHS Athletic Boosters. Beth Deschense and Stephanie Arsenault have been running it for the last five

years, but it has been going on for at least 7 years. There will be over 50 vendors at the Fair this year and it is always well attended. Along with the vendors there is normally a raffle and there is food available for purchase.

The Athletic Boosters also raise money via the concession stand in the school at inside games and this year they've started concessions for the soccer team outside and hope to be available for all sports in the future. (Football has its own Booster club)

The money raised goes mostly to scholarships for graduating seniors, but has also helped pay for celebrations for the teams in championships, scoreboards and for equipment for the concession stand.

Submitted by Beth Deschense

Students now on the Epping School Board

Epping has added two of our students to the School Board, Rebecca Milbury and Jacob McKay.



Rebecca Milbury (Junior) and Jacob McKay (Senior)

E-mail Address Changed?

If your email address has changed, please notify Barbara Helmstetter at: bhelmstetter@comcast.net.

Newsletter Schedule

Have we missed your group or event? Please let us know. Our purpose is to include as many Epping groups and events as possible.

The next issue (January-February, 2017) of this newsletter will be available in early January 2017. We will accept submissions through December 21, 2016, to be included in the next issue. Please send your content with contact information for consideration to bhelmstetter@comcast.net.

If you would like your next event to appear on the Calendar of Events, please send us an e-mail at bhelmstetter@comcast.net by **December 21, 2016.** Please include the date, event name, location and time.

Thanks for reading!

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Epping Calendar of Events for November 2016

October 31	Town Trick or Treating – 5-7 pm
October 31	Goblin's Gala at the Fire Department
November 1	Library program "How to Make a Cup of Tea" by Paige Zaferiou – 6 pm
November 2	Providence Baptist Church Food Pantry – 10 am
	Children's Yoga at the Library – 4 pm
Nov. 2, 9, 16, 30 November 3	
	EES PTO meeting – 7 pm
November 3	Friends of the Library in the Youth Room – 7 pm
November 3	Epping School Board meeting in Epping Town Hall – 7 pm
November 4-6	Boy Scout Campout at Camp Straw
November 5	Epping Community Church Food Pantry – 8:00-10:00 am
November 5	Boy Scout Distribution of Scouting for Food fliers
November 6	DAYLIGHT SAVINGS TIME ENDS "FALL BACK"
November 7	EES PTO meeting – 7 pm
November 7, 14	Reiki 1 Certification at the Library – 5:30-9:30 pm
November 8	Epping Community Church women selling pies at election
November 8	ELECTION DAY in EMS Gym – 7 am-8 pm - VOTE!!!
November 8	NO SCHOOL – PROFESSIONAL DEVELOPMENT DAY
November 9	Providence Baptist Church Food Pantry – 10 am
November 7,9,10	EES Veterans Friendly Lunch Days
November 10	EES Eagle Day Veterans Day Assembly – 9:50 am
Oct.21-Nov. 9	"It's a Wonderful Life" at the Leddy Center
November 10	Epping Seniors meet at Watson Academy – 1 pm "Children's Rescue Organization"
November 11	VETERANS DAY – NO SCHOOL Town Hall and Library closed
November 11	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
November 12	Boy Scout pick up of food for Scouting for Food
November 12	EHS Booster Club Holiday Craft Fair in EMS gym – 9:00 am-3:00 pm
November 12	Epping Community Church Food Pantry – 8:00-10:00 am
November 13	American Legion Post 51 Sunday Breakfast Buffet – 8:00-11:00 am
November 13	Epping Garden Club meeting – 8:30 am
November 13-23	EES Student Council Food Drive
November 15	Library Board of Trustees Meeting – 7 pm
November 15	Library program on the Lamprey River – Suzanne Petersen – 6:00-7:30 pm
November 16	Epping Town Hall closing at Noon
November 16	Cub Scout Pack Meeting at Epping Elementary School – 6:30-8:00 pm
November 16	Dusty Old Mystery Book Club at the Library – 7 pm
November 16	Providence Baptist Church Food Pantry – 10 am
November 17	Seniors trip to Emergency 911 Headquarters in Laconia
November 17	Epping School Board meeting in Epping Town Hall – 7 pm
November 18	Last day to order poinsettias and wreaths from the Garden Club
November 19	Boy Scout Calendar Show and Sell at Walmart
November 19	Fire Explorers' Red Cross Blood Drive at the Epping Fire Station
November 19	11 0
	Reading at the Library "Chick and Dee-Dee's Lamprey River Adventure" – 11 am
November 19	Reading at the Library "Chick and Dee-Dee's Lamprey River Adventure" – 11 am Epping Community Church Food Pantry – 8:00-10:00 am

November 22	Epping Lions Club meeting at the Library – 6:30 pm
November 23	Thanksgiving Eve Service at Danville Union Church – 7 pm
November 23	Providence Baptist Church Food Pantry – 10 am
November 23-25	THANKSGIVING VACATION – NO SCHOOL
November 24, 25	THANKSGIVING HOLIDAY – Town Hall closed
November 24	THANKSGIVING HOLIDAY – Library closed
November 24	Thanksgiving Day Dinner (free) at Epping Community Church- 11 am-1 pm
November 26, 27	Epping & Brentwood Fire Depts. "Stuff the Bus" at Walmart – 9:00 am-5:00 pm
November 26	Epping Community Church Food Pantry – 8:00-10:00 am
November 30	Providence Baptist Church Food Pantry – 10 am

Epping Calendar of Events for December 2016

Date	Event
December 1	Epping School Board meeting in Epping Town Hall – 7:00 pm
December 2	Boy Scout Bowling at Strikers East
December 2-11	"A Christmas Carol" at the Leddy Center
December 3	Diane Kordas, presents Christmas Puppet Show and Sing Along at Library – 11 am
December 3	Epping Community Church Food Pantry – 8:00-10:00 am
December 4	Town Tree Lighting and Holiday Party – 3:30 – 5:00 pm
December 4	Last day to sign up for American Legion Children's Christmas Party
December 5	EES PTO meeting – 7 pm
December 6	EES Chorus at Rockingham Nursing Home
December 7	Providence Baptist Church Food Pantry – 10 am
December 7	Children's Yoga at the Library – Last class of the year – 4 pm
December 8	Epping Seniors meet at Watson Academy– Christmas Party – 1 pm
December 8	EES Make It and Take It Family Craft Night – 6:00-7:30 pm
December 10	Epping Community Church Food Pantry – 8:00-10:00 am
December 10	American Legion Children's Christmas Party – 1-3 pm
December 10	Children's Library program "Make a Christmas Gift" – 11 am
December 10, 11	Pick up poinsettias and wreaths ordered from the Epping Garden Club
December 11	American Legion Post 51 Sunday breakfast – 8:00-11:00 am
December 11	Epping Garden Club Meeting - 8:30 am
December 13	EES Winter Concert for grades 1, 2, 3 in EMS gym – 6:30 pm
December 14	EES Winter Concert for grades 4 and 5, Band and Chorus in EMS gym – 6:30 pm
December 14	Providence Baptist Church Food Pantry – 10 am
December 15	Epping School Board meeting in Epping Town Hall – 7 pm
December 15	Exeter Open House 50 th Anniversary Celebration of Adult Education – 5-7 pm
December 17	Epping Community Church Food Pantry – 8:00-10:00 am
December 18	Santa on the Fire Truck from 3:00 pm on
December 20	Library Board of Trustees Meeting – 7:00 pm
December 21	Providence Baptist Church Food Pantry – 10 am
December 21	Dusty Old Mystery Book Club at the Library and cookie exchange – 7 pm
December 21	Cub Scout Pack Meeting at Epping Elementary School – 6:30-8:00 pm
December 21	DEADLINE DATE for the January-February issue of the Newsletter
December 24	Epping Community Church Food Pantry – 8:00-10:00 am
December 25, 26	CHRISTMAS – Library Closed
December 26	CHRISTMAS – Town Hall closed
Dec. 26-30	CHRISTMAS VACATION – NO SCHOOL
December 28	Providence Baptist Church Food Pantry – 10 am
January 1, 2	NEW YEAR HOLIDAY – Library closed
January 2	NEW YEAR HOLIDAY – Town Hall closed

If you would like your next event to appear on the Calendar of Events, please send us an e-mail at bhelmstetter@comcast.net by **December 21, 2016**. Please include the date, event name, location and time.